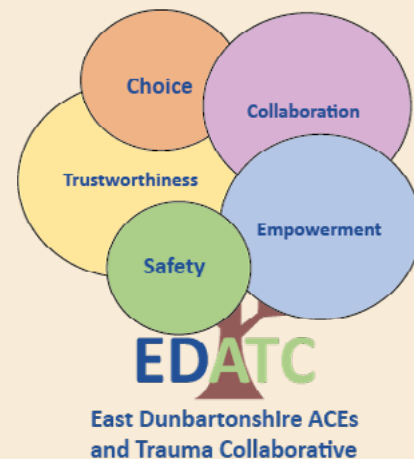
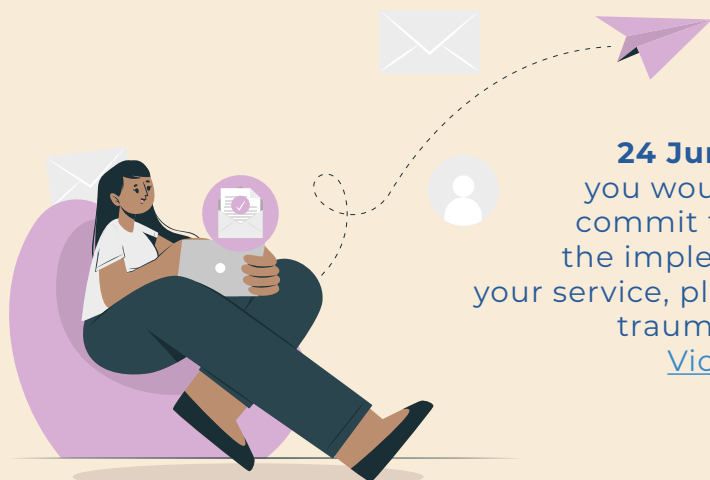


# EDATC Newsletter



## What Has The East Dunbartonshire Aces And Trauma Collaborative Been Doing?

The EDATC have met on two occasions this season, in March and May, to continue discussions on moving trauma informed practice forward across East Dunbartonshire. In March, due to not meeting for several months, members were given a comprehensive update on the progress made across several services and to the environment in Kirkintilloch Health and Care Centre (KHCC). In May, we welcomed two new members to the Collaborative from Ferndale Children's House – Phil Maguire and Kellyann Bramley. Alongside their day jobs within Ferndale, Phil has joined the trainers for the Transforming Connections: Trauma Skilled delivery and Kellyann leads the team in Keeping the Promise within our children's residential service. We are thrilled to have their passion and experience as part of the East Dunbartonshire ACEs and Trauma Collaborative going forward.



The next planned meeting is on **24 June 2025 at 10 – 11.30am** on Microsoft Teams. If you would like to be a member of the EDATC and can commit to attending the meetings, as well as support the implementation of trauma informed practice across your service, please do not hesitate to get in touch with our trauma informed practice coordinator on [Victoria.bannerman@eastdunbarton.gov.uk](mailto:Victoria.bannerman@eastdunbarton.gov.uk) for more information.

# Trauma Informed Practice Coordinator

Vicki submitted a business case proposal to the Whole Family Wellbeing Fund and was successful in securing funding to commission Trauma Enhanced (Level 3) training for East Dunbartonshire, which is a big step forward for our workforce. Vicki is working with Lissie Faulks (Whole Family Wellbeing Development Officer) to complete the process with the hope that training will be available in the latter part of 2025. The training aims to include a Train the Trainer model, which will support four people to become Trauma Enhanced level trainers, meaning we can continue to provide Enhanced level training from 2025 – 2028.



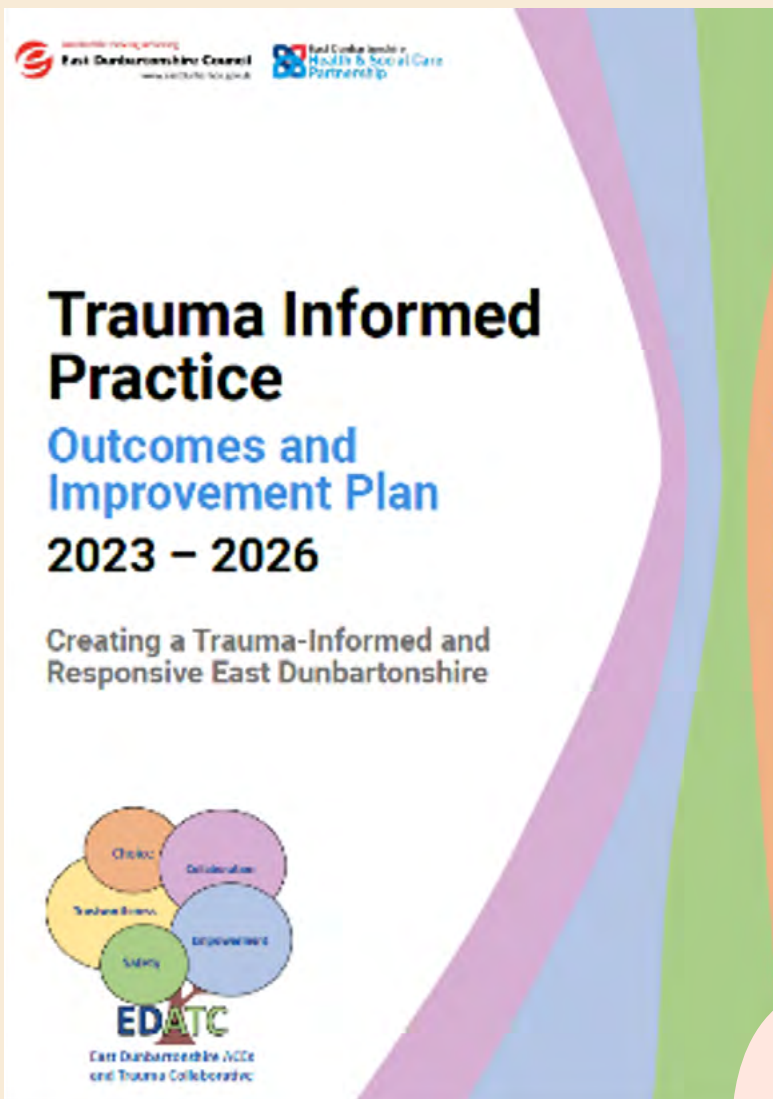
Vicki provided an input to the Care Inspectorate's validation exercise with Justice Social Work in February, alongside Justice Social Work's Team Manager Jon Bradley. The Care Inspectorate was hugely impressed with the trauma informed and responsive approach that the service is taking. They highlighted the service's understanding of the journeys that clients have into the justice system and how clients are successfully supported to meet their requirements including how the Unpaid Work Team help clients to contribute positively to their communities. Vicki highlighted the introduction of the supervision and wellbeing support plan for workers which was co-written with Jon and the re-establishment of the service user group, which focuses on the environment, as well as seeking client views on how the service meets their needs and considers how to ensure their path through justice services is positive and successful.

In mid-March, a Trauma Informed session was delivered to the Education Leadership and Central Team as part of the four-year plan being developed to support the implementation of trauma informed and responsive practice across all educational resources within East Dunbartonshire. The session was well-received and has full support from Greg Bremner (Chief Education Officer).

Ferndale Children's House Depute Manager Kellyann Bramley invited Vicki to deliver an input on Attachment Theory and how it can support residential staff to consider their young people's emotions, responses and behaviour and consider new and different ways of responding to take account of their attachment styles. The input looked at the evolution of Attachment Theory away from the original, static view of Attachment to the more modern dynamic and fluid theory that takes account of the current societal and cultural characteristics of Scotland. Residential staff reported the training to be helpful and relevant to the young people living in Ferndale at the moment.

Vicki also attended the Suicide Prevention subgroup and Community Justice Partnership meetings, as well as the Child Protection Committee Development Day. You can find more information on these events under the Updates from Services section.





The East Dunbartonshire Trauma Informed Practice Outcome & Improvement Plan 2023 – 2026 was officially launched in October 2024 with several online briefings welcoming staff from across East Dunbartonshire Council, HSCP and other services within the local community including our vital Third Sector services. The three-year plan focuses on five short-term priorities for achieving a trauma-informed and responsive East Dunbartonshire across all Council and HSCP services.

To request a copy of the plan, please contact Vicki via email: [Victoria.bannerman@eastdunbarton.gov.uk](mailto:Victoria.bannerman@eastdunbarton.gov.uk).

Vicki continues to also attend a wide range of other subgroups locally and nationally. Please do not hesitate to get in touch if you would like to extend an invite to request that Vicki attend a meeting, either as a one off or on an ongoing basis to support moving forward with Trauma Informed Practice: [Victoria.bannerman@eastdunbarton.gov.uk](mailto:Victoria.bannerman@eastdunbarton.gov.uk)



# SUBGROUP ACTIVITY

The EDATC's subgroups have continued to progress their individual agendas over the last few months.

## Environment Subgroup:

Work continued within KHCC to progress beyond the painting of the treatment rooms, as it is recognised that this is the starting point for making the spaces more trauma informed.

Wall frieze stickers, touch lamps with soft lighting, plants and diffusers are now featured in three of the treatment rooms which has led to very positive feedback from staff and patients alike, with plans for two more to have the same features. There are currently discussions ongoing about which rooms to prioritise and further work will be discussed when the KHCC Local Trauma Group and Vicki present the feedback at a Leadership meeting in June 2025. A report has been collated by Lucy McGonigle (Peer Support Worker – Primary Care Mental Health Team) to support the presentation and a number of recommendations have been made for short- and long-term improvements that could be made within KHCC to make it a trauma informed and responsive environment for staff and patients alike.



## Data and Reporting Subgroup:

Over the last 18 months, we have gathered a huge amount of data in relation to the training that has been rolled out, in addition to more qualitative data regarding the impact that attending the training has had on people's practice and wellbeing. Additionally, the environment work and implementation of different trauma informed and responsive approaches in various services, has all contributed to a bank of information which has not yet been fully analysed. It was agreed within the EDATC in March 2025, that a new subgroup would be established to support the gathering of this data and the analysis of it, which will then be collated into an annual report. This report will then be submitted to chief and senior management to support the implementation of trauma informed practice on a wider basis, as well as helping Leadership to understand progress and what priorities are required within various strategies moving forward.





# People and Training subgroup:

East Dunbartonshire's own Trauma Informed e-learning module is now available on Moodle!

This is a significant step forward in our ability to provide training across the workforce at all levels. A Leadership Information Pack (LIP) has been developed and will be circulated across senior management in May 2025, to support the use of the e-learning module across the Council. Should you wish to obtain more information regarding the e-learning module or have any questions about your team accessing this, please contact [Victoria.bannerman@eastdunbarton.gov.uk](mailto:Victoria.bannerman@eastdunbarton.gov.uk).

The Transforming Connections: Trauma Skilled (level 2) training programme continues into 2025 with all dates until the end of June now fully booked. We continue to experience a high number of last-minute cancellations and people not attending. It is acknowledged that often our work requires us to attend emergencies and this cannot be helped; please just ensure that your line manager is aware and included that you are no longer able to attend. We also know that the training can potentially bring up difficult emotions for people and if that day is not your day, we totally understand. Please always let your line manager know that you are ok but are just not in a position to come along and we can rearrange when you attend.

We have delivered a training For Trainers event for Trauma Informed level with six nominees attending across a variety of services. This was very successful, and we now have two of these nominees set to support their first trauma informed delivery in June to the Community Rehabilitation Team, which incorporates a wide range of adult health professionals working together to support individuals to recover from physical injuries in the community.

Should you wish to discuss what level your service/staff require and would like to discuss the option of a single agency training session for either Trauma Informed or Trauma Skilled level, please do not hesitate to get in touch with [Victoria.bannerman@eastdunbarton.gov.uk](mailto:Victoria.bannerman@eastdunbarton.gov.uk).

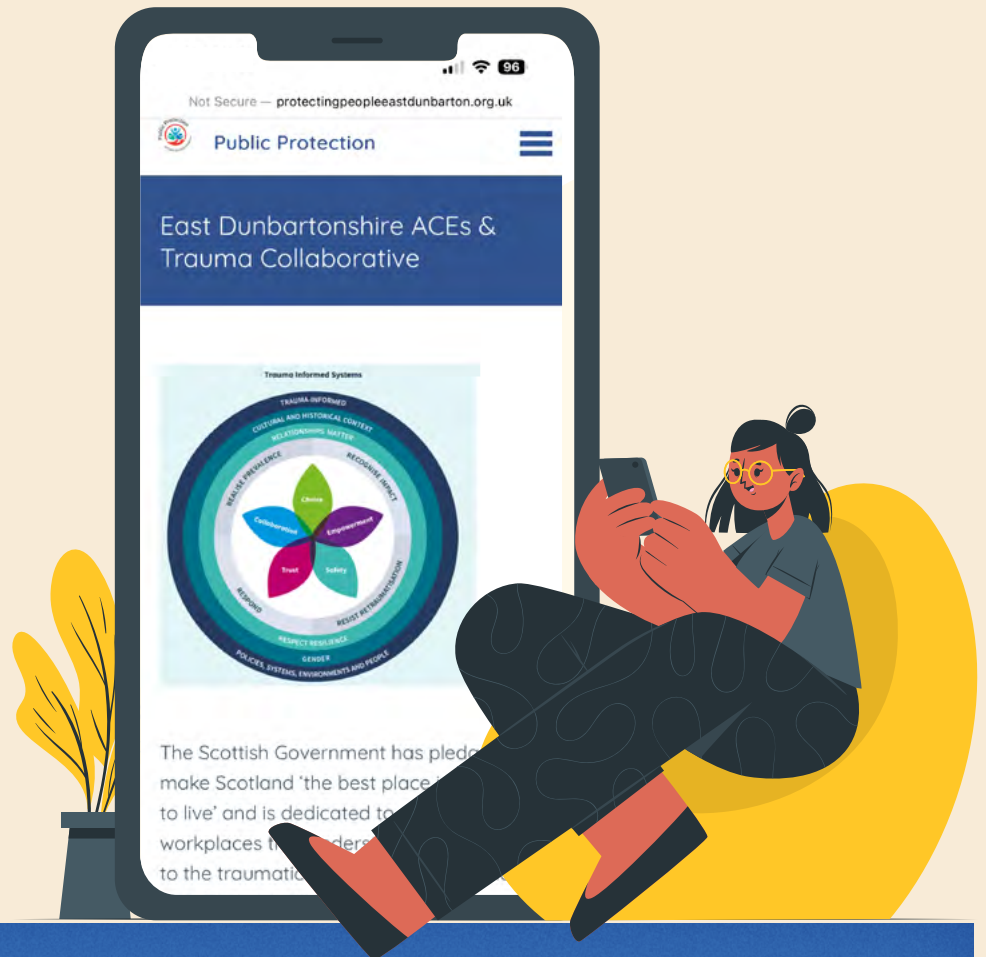


# UPDATES FROM EAST DUNBARTONSHIRE SERVICES

## PUBLIC PROTECTION WEBSITE UPDATE:

A decision was made to change the way people access information regarding Trauma Informed Practice and the East Dunbartonshire strategy. This can now be accessed solely via the public protection website. This decision was made to ensure that information was accurately reflected for both the public and the workforce, without the risk of important information being missed, as previously the Employee Zone and the Protecting People East Dunbartonshire websites did not accurately mirror each other. You can access this through the following link:

[East Dunbartonshire ACEs & Trauma Collaborative - Public Protection](#)



## Child Protection

### Committee Development Day - Update provided by Michelle Dearie (Child Protection Coordinator)

On 3 April 2025 the East Dunbartonshire Child Protection Committee held a development day for its members and subgroup members. This allowed partner agencies to come together to reflect on the achievements of the committee and plan for the next business plan (2025-2028). The committee explored common themes and reflected on trends over the last three years. A key positive which was highlighted was the reduction in child protection activity which analysis has showed is reflective of the strong commitment to early intervention and GIRFEC principals in East Dunbartonshire. Members also heard from Dr Vikki Taylor, Changing Minds, who provided insight into what leaders can do to promote professional curiosity and showcased the independent case consultations and trauma informed leadership training which they have delivered in EDC since August 2024. For 2025-2028 the priorities for the committee will be proposed at the next CPC in June and the next business plan will be created for August 2025. As always, ensuring our workforce is trauma-informed remains a priority.



# MEET THE SERVICES EVENT:

We had another hugely successful Meet the Services event on 24 April 2025 where fifty stallholders from a huge range of services across East Dunbartonshire met for networking opportunities and to support information sharing with the community. The event was busy from the moment it opened at 11am until close at 4pm. One of our main aims this year was to encourage more community engagement; the central venue at Kirkintilloch Baptist Church and increased efforts to advertise the event led to a much higher footfall from community, allowing for lots of connection-building, asking questions, learning about programs offered and discovering valuable resources for all involved. If you have any feedback from the event you would like to share, a survey will be circulated in the coming weeks but please contact Yvonne for immediate comments: [Yvonne.lambie@nhs.scot](mailto:Yvonne.lambie@nhs.scot)



# SUICIDE PREVENTION AND ADP TRAINING –

## Update provided by Yvonne Lambie (ADP and Suicide Prevention Development Officer)

The East Dunbartonshire Suicide Prevention Sub-Group met on 25 March, with a focused and engaging discussion around how we can better understand and embed Time, Space, Compassion into our everyday practice. The session was led by Linda Hunter, Implementation Lead for Time, Space, Compassion at the Scottish Government, who guided us through thoughtful conversations about how to adopt this compassionate approach in real-world service delivery. These discussions sparked valuable insights and highlighted a collective commitment to creating a more empathetic response to those in crisis.



We are also pleased to share that Yvonne Lambie, Development Officer for East Dunbartonshire Alcohol & Drug Partnership, has recently completed Train the Trainer certification for SafeTALK suicide alert training. This achievement will enhance capacity within the HSCP and across partner organisations, enabling more staff to develop the skills and confidence needed to identify and respond to signs of suicidal thinking — encouraging open conversations and early intervention.

In national news, Scotland's new suicide prevention campaign launched on Wednesday 16 April 2025, asking a powerful question: *"What if a conversation about suicide could save a life?"* The campaign features four individuals with lived and living experience of suicide — those bereaved, those who have attempted, and those who have considered suicide — who have bravely shared their stories to inspire others. Its goal is to normalise conversations about suicide and equip people with the confidence to talk openly and compassionately. A new website, [suicideprevention.scot](https://suicideprevention.scot), has also been launched, offering information, resources, and a directory of local support services.

Led by Suicide Prevention Scotland, this work forms part of the Scottish Government and COSLA's joint strategy, Creating Hope Together. The campaign was co-produced with individuals with lived experience, professionals, academics, and local suicide prevention leads — including contributions from SeeMe, Scotland's mental health anti-stigma programme.

Haylis Smith, National Delivery Lead for Suicide Prevention Scotland, who lost her uncle Joe to suicide, said: *"This is an extraordinary campaign. It's deeply moving, extremely personal, and yet full of hope... Talking about suicide is the best way to prevent it from happening. And if you're worried about yourself, please reach out."*

Cllr Paul Kelly, COSLA's Health and Social Care Spokesperson, added: *"Early intervention is crucial. I commend the campaign and those who shared their stories for helping to encourage these life-saving conversations."*



If you or someone you know is experiencing thoughts of suicide, please don't face it alone. Speak to someone you trust or contact:

- Samaritans – 116 123 | [samaritans.org](https://www.samaritans.org)
- Breathing Space – 0800 83 85 87
- NHS 24 Mental Health Hub – Call 111
- In immediate danger: Call 999

Locally, East Dunbartonshire has introduced a new real-time surveillance system to help collect and share data with partners more effectively, supporting better response and planning. New training opportunities continue to be added to the Alcohol and Drug Partnership training calendar, and plans are underway to develop a multi-agency training calendar in collaboration with HSCP services — helping to promote what's available and ensure everyone knows how to access support and build suicide prevention capacity across our communities

Keep an eye on the ADP training calendar for upcoming sessions and ensure you don't miss out on this valuable learning experience!

Please contact: [Yvonne.Lambie@nhs.scot](mailto:Yvonne.Lambie@nhs.scot) for more information.

## SCOTTISH TRAUMA INFORMED LEADERSHIP TRAINING WEBINARS 2024/2025

The next STILT webinars are scheduled for the following dates:

- 3 June 2025 from 1-4pm
- 11 September 2025 from 1-4pm

Registration for the STILT session is now open, please click the associated links in the PDF below. If you have previously attended a session prior to June 2023, please attend another session, as the content has been updated to take account of new learning and progress made by the Trauma Leads nationally, in the last 18 months. Leadership training is vital to support the ongoing development and implementation of Trauma Informed Practice across East Dunbartonshire, as well as Leadership being seen as one of the key priorities within the Outcome & Improvement Plan 2023 – 2026.



### Scottish Trauma-Informed Leaders Transformation (STILT) Webinar

The **Scottish Trauma-Informed Leaders Transformation (STILT)** programme was developed by NHS Education for Scotland as part of the National Trauma Transformation Programme ([NTTP](#)), recognising the key role of leaders in driving trauma-informed change through multi-agency and collaborative approaches.

**What we aim to cover in this webinar:**

- Why trauma informed and responsive organisations, systems & workforces are important
- Provide real life examples of what 'good' looks like
- To offer resources on how we get there

**What are the pre-requisites and who should attend?**

- This event is by invitation only and is intended for those invited by their local NTTP representative e.g. TPTIC, Trauma Lead Officer, Trauma Champion, or member of the NES team.
- Completion of the 'Developing Your Trauma Skilled Practice' e-learning module (available [here](#)), is a pre-requisite of attending this webinar.



**What have previous attendees said about the webinar?**

- "I thought the whole webinar was excellent. It was a great balance of theory, participation, scenarios and live examples and reflections from guest speakers too."
- "Hearing exactly why 'lived-experience' is so crucial."
- "That larger system changes can occur and it's ok for it to feel messy at times. We are not alone!"

**Please register by clicking one of the dates below**

**3<sup>rd</sup> June 2025**  
**1pm-4pm**

**11<sup>th</sup> September 2025**  
**1pm-4pm**

**Contact Information**  
For any enquiries, please contact: [nadezda.coyle2@nhs.scot](mailto:nadezda.coyle2@nhs.scot)

# KEY NATIONAL DOCUMENTS AND EVENTS

## **Introduction to Spider in the Glass: Exploring a trauma-informed response to domestic abuse - Tuesday 10th June 10:00am - 12:30pm**

Following its success in March and April 2025, we are repeating the 'Introduction to Spider in the Glass: Exploring a trauma-informed response to domestic abuse' webinar for a final opportunity to attend the introduction webinar. This is a great opportunity for those who weren't able to attend the previous sessions, or for colleagues who may benefit from learning more about adopting a trauma-informed response to domestic abuse.

This webinar aims to bring awareness to women's experiences of domestic abuse, and show what a trauma informed response to domestic abuse looks like in practice. More information can be found in the link below.

Who is this session for? Professionals who support or work with people affected by or experiencing domestic abuse/ coercive controlling behaviours within a relationship, and those seeking to understand trauma within that context.

Speaker: Myra Ross – Author

Supported by Improvement Service

[Sign up to attend here](#)

The Improvement Service have also developed two resources to support the understanding of the cross-cutting agenda of trauma informed practice on a national level:

[Improving outcomes for people and communities affected by poverty, inequality, trauma and adversity: joining the dots across key policy agendas](#)

[Improving outcomes for people and communities affected by poverty, inequality, trauma and adversity inequality, trauma and adversity:](#)

A Roadmap for Creating Trauma-Informed and Responsive Change: Guidance for Organisations, Systems and Workforces in Scotland (2023): [Implementation - National Trauma Transformation Programme](#)

Relaunched National Trauma Training Programme as National Trauma Transformation Programme: [Homepage - National Trauma Transformation Programme](#)

## Who To Contact?

Victoria Bannerman –  
[Victoria.Bannerman@eastdunbarton.gov.uk](mailto:Victoria.Bannerman@eastdunbarton.gov.uk)  
(TIP Coordinator)

Alex O'Donnell –  
[Alex.ODonnell@eastdunbarton.gov.uk](mailto:Alex.ODonnell@eastdunbarton.gov.uk)  
(Trauma Champion & EDATC Chair)

Alistair McDonald –  
[Alistair.mcdonald@eastdunbarton.gov.uk](mailto:Alistair.mcdonald@eastdunbarton.gov.uk)  
(Trauma Champion & EDATC Vice-Chair)

