

PUBLIC PROTECTION NEWSLETTER

Issue 06 / Autumn 2025



16 DAYS OF ACTIVISM – VIOLENCE AGAINST WOMEN AND GIRLS PARTNERSHIP

The 16 Days of Action is an annual international campaign that calls for the elimination of all forms of violence against women and girls. It runs from 25 November (UN International Day of Elimination of Violence against Women) to 10 December (International Human Rights Day).

The campaign is a key focus of awareness raising for the East Dunbartonshire Violence against Women and Girls Partnership. Plans are underway for this year's events and awareness opportunities; these include:-

- Lighting up a number of Council buildings – Kirkintilloch, Bishopbriggs and Bearsden Community Hubs and Milngavie Town Hall – in orange on the first day of the campaign to raise awareness of the 16 Days campaign and to encourage residents to learn more about the efforts being made to eliminate gender-based violence.
- Learning events for practitioners - East Dunbartonshire Women's Aid will raise awareness of domestic abuse as well as highlighting the impact of domestic abuse on children and young people.

An awareness session will also be held by the Trafficking Awareness Raising Alliance (TARA) to raise awareness of human trafficking, specifically focussing on women who are recovered in Scotland as a result of commercial sexual exploitation.

- Awareness events for practitioners and members of our community - including two separate events in Kirkintilloch Town Hall. One will focus on post-separation abuse and the other will have a focus on Violence against Women and Girls in the Deaf and Deafblind community.

In addition, there will be awareness raising in schools, libraries and the Regent Shopping Centre in Kirkintilloch.

The official calendar will be on the Council's website nearer the time, so please keep checking it for specific dates and details.



Protecting Adults In
EAST DUNBARTONSHIRE



East Dunbartonshire
Health & Social Care
Partnership



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SAFE AND TOGETHER

The Safe and Together Model is a perpetrator pattern based, child-centred and survivor - strength based approach to domestic abuse. The model, which originated in the US, is now in practice in over 16 local authorities in Scotland and aims to improve how practitioners assess, document, case plan and improve outcomes for survivors and their children.

The model encourages a systematic and cultural shift in how we approach domestic abuse through providing a framework for partnering with survivors and intervening with perpetrators in order to enhance the safety and wellbeing of children.

The training not only provides an enhanced understanding of the dynamics of domestic abuse, it links how children are impacted and harmed beyond witnessing violence and how survivors will often demonstrate parental strengths to safeguard their children in the face of domestic abuse.

In East Dunbartonshire we are working to embed the approach across the whole authority. One way to support us to do this is by attending the training relevant to your role. If you're not sure where to start, then the 1-hour briefing would be perfect. More details can be found in our Joint Learning and Development training calendar. If you haven't seen this, please email cpc@eastdunbarton.gov.uk or asp@eastdunbarton.gov.uk and we can send it to you. If you're not sure what level suits you or your team, please also let us know and we can help.



SPIDER IN THE GLASS

In 2024-2025, Myra Ross has provided an insightful and powerful portrayal of coercive control through her online webinar 'Spider in the Glass'. Some practitioners across East Dunbartonshire have attended the events and commented on how moving the webinars are and how Myra provides an unique understanding of the survivor's experience.

If you haven't managed to attend her sessions, the opportunities to sign-up are below:

- **26 November**
Part 1 - Introduction to Spider in the Glass: Exploring a Trauma- Informed Response to Domestic Abuse
[Sign up here for Part 1](#)
- **3 December**
Part 2 - Spider in the Glass - High Risk Domestic Abuse - Homicide and MARAC
[Sign up here for part 2](#)

EAST DUNBARTONSHIRE WOMEN'S AID

Awareness Raising

East Dunbartonshire Women's Aid (EDWA) is committed to raising awareness of domestic abuse and its impact on women, children and young people. The following awareness sessions are being held in McGregor House in Kirkintilloch at no cost. Places are limited but we will endeavour to add additional dates where there is demand.

To book, please email edwomensaid@aol.com.

27 November 2025

General Awareness Session (Domestic Abuse) - 10am until 1:30pm

4 December 2025

Domestic Abuse in Teenage Relationships - 9:30am until 12:30pm

19 February 2026

Coercive Control - 10am until 12:30pm

5 March 2026

The Impact of Domestic Abuse on Children and Young People - 9:30am until 12:30pm

EDWA is always happy to attend team meetings or to provide tailored sessions to suit particular staff teams.

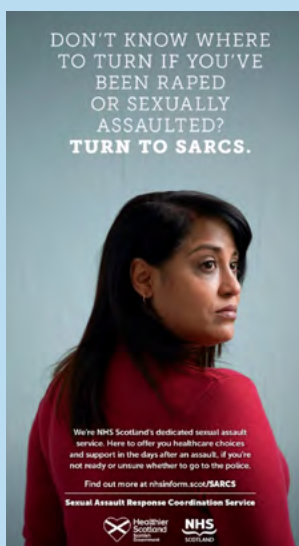
Contact edwomensaid@aol.com or call 0141 776 0864 to arrange.

Prevention

Since our Prevention Worker joined in June, we've been working closely with schools to strengthen support for young people. We're currently delivering misogyny workshops for S5 and S6 students, with sessions scheduled across four schools.

Alongside this, we're developing further workshops on themes including healthy and unhealthy relationships, online misogyny, healthy friendships, and teenage relationship abuse. These will be delivered across different year groups, helping young people to recognise red flags in relationships and friendships, think critically about the messages they see on social media, and understand how harmful behaviours can develop in teenage relationships.

As part of the 16 Days of Activism, we're also partnering with the Rosie Project to deliver a staff workshop on misogyny, supporting schools to address these issues with confidence.



SEXUAL ASSAULT RESPONSE COORDINATION SERVICE (SARCS)

SARCS is a dedicated NHS Scotland service offering healthcare and support to people in the days after a rape or sexual assault, even if they aren't ready or are unsure about reporting to the police.

Anyone aged 16 or over can self-refer to SARCS by calling the dedicated 24/7 national telephone service within seven days of a rape or sexual assault.

Across Scotland, SARCS teams provide immediate healthcare and wellbeing support, including forensic medical examinations when appropriate. Forensic evidence can be kept for up to 26 months should someone decide to report to police later. More information is available at www.nhsinform.scot/SARCS

CONTACT

Thank you for reading our latest newsletter.

If you would like to find out more about anything you have read or would like to contribute to future editions please contact CPC@eastdunbarton.gov.uk or ASP@eastdunbarton.gov.uk