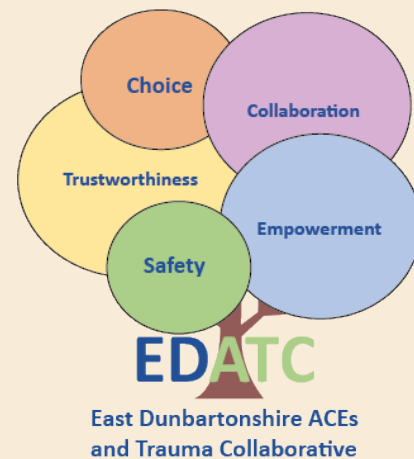


EDATC Newsletter



WHAT HAS THE EAST DUNBARTONSHIRE ACES AND TRAUMA COLLABORATIVE BEEN DOING?

We had a really successful development session on 2 September where 20 members of the collaborative came together to complete a self-evaluation of the steering group and looked at how the services represented within the collaborative are supporting the implementation of trauma informed practice. This focused on the joint vision of the collaborative, making it more than the sum of its parts, how we can work together to help each other achieve our collective goals and reviewing the governance of the collaborative. We also looked at reviewing the frequency and content of meetings to ensure they remained purposeful, meaningful and supportive of those who attend.



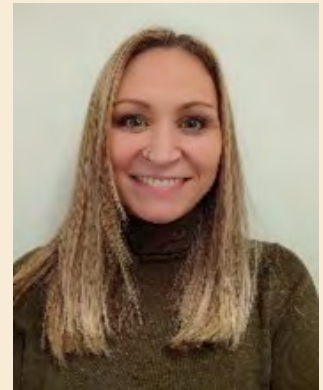
Meetings will be held in the new manner from January 2026 and will now include task/action-focused content with breakout discussions to ensure the EDATC is truly collaborative in its approach and processes.

The final planned meeting for 2025 will be on 25 November at 10 – 11.30am on Microsoft Teams. This will focus on a review of the in-person event, looking at the themes and aims that members highlighted as their priorities for the year ahead, as well as looking at our progress in the last few years.

If you would like to be a member of the EDATC and can commit to attending the meetings, as well as support the implementation of trauma informed practice across your service, please do not hesitate to get in touch with our trauma informed practice coordinator on Victoria.bannerman@eastdunbarton.gov.uk for more information.



Trauma Informed Practice Coordinator



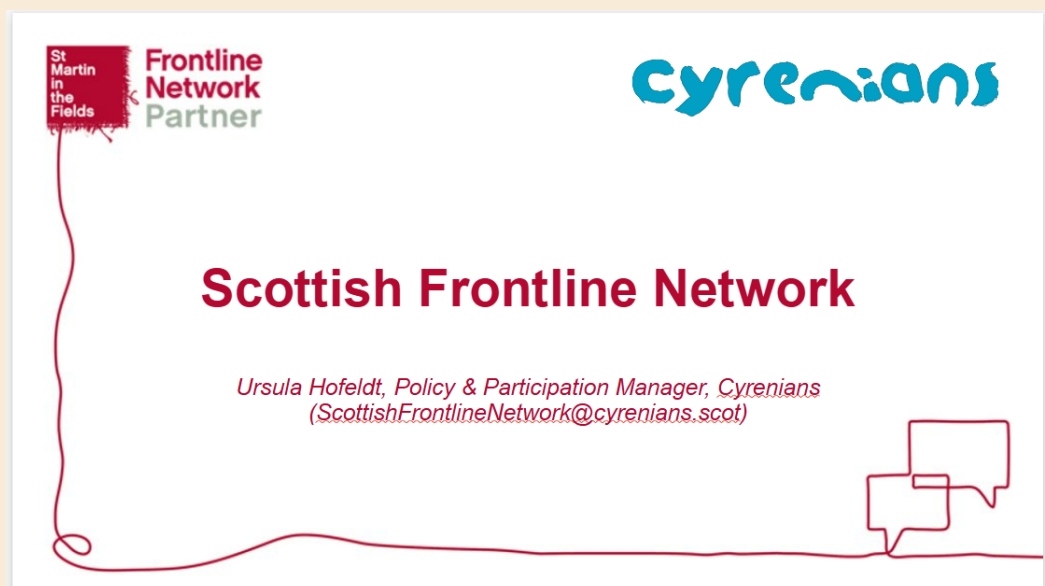
A development day took place on Thursday 30 October for the national network of Trauma Lead Officers. Vicki worked in partnership with the Improvement Service who hosted the event and Vicki's co-chair for the national network, Angi Pinkerton (Trauma Lead Officer – South Ayrshire) to develop the agenda and discussion topics. As a group, the agenda for the day was developed to focus on considering opportunities for progressing and raising awareness of cross-cutting agendas and priorities, exploring the challenges in terms of staff wellbeing, how we can use data to support telling the story of progress and how to continue the journey of strengthening leadership commitment and buy-in.

Vicki continues to attend national collaborative meetings with stakeholders and partners to the National Trauma Transformation Programme and this has led to an agreement to expand one of the cross-cutting meetings to include National Development Officers/ Leads for a variety of programmes including suicide prevention and violence against women and girls. It is Vicki and Angi's hope that this will improve joint working and significant progress in ensuring that a trauma informed and responsive approach is the golden thread throughout all these programmes of work.

Vicki chaired the national meeting on 6 October on her own in Angi's absence and welcomed Ursula Hofeldt (Policy & Participation Officer, Cyrenians) who presented on the Scottish Frontline Homelessness Network. It is a national network of 500+ frontline workers across the country who support people

at risk of or experiencing homelessness from a mix of third sector, local authority, NHS and housing associations. It is part of a UK-wide [Frontline Network](#) (run by St Martin's in the Fields Charity) and has a monthly newsletter updates with resources, events, training opportunities across the country, as well as free learning events and training sessions throughout the year.

Vicki continues to also attend a wide range of other subgroups locally. Please do not hesitate to get in touch if you would like to extend an invite to request that Vicki attend a meeting, either as a one off or on an ongoing basis to support moving forward with Trauma Informed Practice: Victoria.bannerman@eastdunbarton.gov.uk



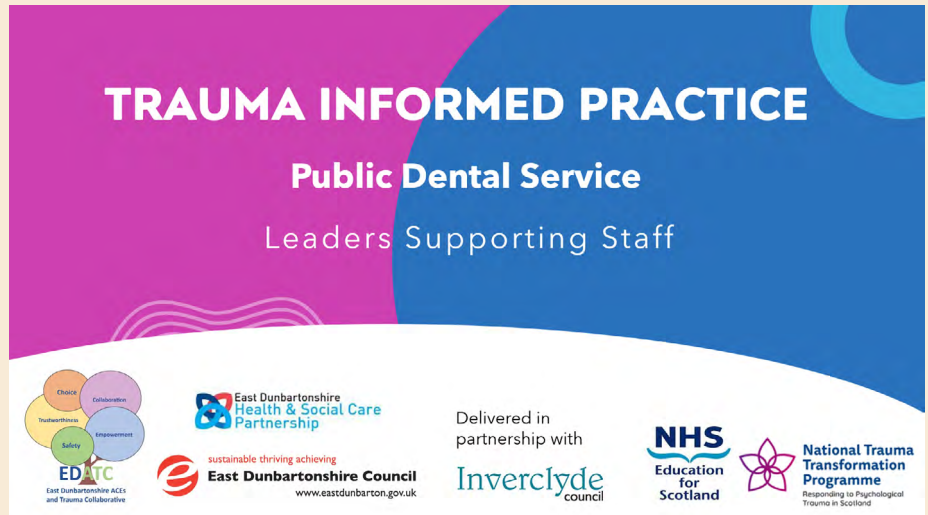
SUBGROUP ACTIVITY

The EDATC's subgroups have continued to progress their individual agendas over the last few months.

People and Training Subgroup:

Public Dentistry Wellbeing and Leadership Development

Training sessions continue to be requested by teams on a bespoke basis and often this requires the development of a new resource. Vicki has worked in partnership with her Trauma Lead Officer peer in Inverclyde Council, to develop a session which will be delivered to the Leadership Team within Public Dentistry. The focus will be on staff wellbeing and supporting difficult conversations, focusing on skills such as active listening and considering what professional boundaries look like when staff are experiencing personal trauma. This session is a continuation of the Trauma Informed (Level 1) sessions which were delivered across 2025 to primary care dentistry teams such as prison-based, paediatric and Emergency Dental services. These sessions have been very successful, and feedback was enormously positive but highlighted the challenges dental teams have in providing trauma informed and responsive care within their services. Vicki also continues to collaborate with the Assistant Clinical Director and Dentistry Lead at NES to develop Trauma Skilled sessions to be delivered across the whole of Public Dentistry.



Active Schools and Community Sport

David Walker (Swimming Development Officer) led the delivery of two separate sessions which were delivered to the Active Schools Coordinators and coaches from the Community Sport teams, alongside Vicki in August and September. The sessions were very positively received and feedback passed back to David noted that staff felt they better understood responses, behaviours and reactions of children, young people and their parents/caregivers in different circumstances. The use of a bespoke case study supported the sessions and staff noted they could relate this to a lot of the families with whom they are working.





Exploring the Impact of Trauma on Learners

Creating Safe and Supportive School Environments

Education Learning Festival

Jamie Farrell (Guidance Teacher – St Ninian's High School) led three workshops during the in-service day in October held at Boclair Academy, which focused on the Impact of Trauma on Learners in the Classroom. Jamie's sessions asked teachers and education staff to consider the prevalence of trauma throughout society and how this might impact on young people's ability to attend school, engage in learning and attain in their education journey, whatever that might look like for each child. The workshops used classroom-based case scenarios to consider what might be beneath

certain behaviours, looked at practical strategies for creating felt safety, building connections and applying the five key principles of trauma informed practice within the classroom and schools as a whole.

Education Leadership Team – Scottish Trauma Informed Leadership Transformation (STILT) session

Dr Suzanne Aziz (Transforming Psychological Trauma Implementation Coordinator – TPTIC) and Vicki are currently working in partnership to develop a post-STILT follow up session with the Education Leadership Team which will use the Roadmap tool to complete an evaluation, focused on evaluating the organisational readiness of Education within East Dunbartonshire. This session is part of the four-year plan for Education to roll out Trauma Informed Practice across all education establishments. Using the Roadmap is a helpful, strengths-based tool to explore progress made and successful areas of implementation so far, as well as looking at areas of improvement and what to prioritise. Trauma Informed Practice dovetails very effectively with the education nurture principles, as well as the CALM programme that is being implemented.

Trauma Informed and Trauma Skilled monthly sessions

These sessions continue to be offered via the CP/AP joint learning and development calendar. Please email cpc@eastdunbarton.gov.uk to request a space for either yourself or your staff team.

As both training sessions cover discussions around what trauma is and where it can come from, we are mindful that this can be a difficult experience for some people. As a member of our workforce, please be mindful of your own emotional wellbeing and take the time to consider how you are feeling when you request a space. These sessions aim to be as supportive and positive as possible; however, it can at times, bring up difficult emotions and we want to ensure that you feel safe enough to attend. If you request a space and change your mind, please contact cpc@eastdunbarton.gov.uk and this can be rescheduled for another time when you are able to attend.

If you are a manager who is nominating staff, please also consider the wellbeing of your staff and endeavour to have a discussion prior to requesting spaces to ensure that staff feel confident to attend and there will be no adverse impact on their wellbeing as a result of attending the training.

Should you wish to discuss what level your service/staff require and would like to discuss the option of a single agency training session for either Trauma Informed or Trauma Skilled level, please do not hesitate to get in touch with Victoria.bannerman@eastdunbarton.gov.uk.

Environment Subgroup:

Lucy McGonigle (Peer Support Worker – Primary Care Mental Health Team) and Vicki will be presenting the fantastic report Lucy has brought together: *Creating a Space for Change – Moving Towards a More Trauma Informed KHCC* at the HSCP Strategic Leadership Team meeting on 12 November

The report highlights the positive changes that have been made within KHCC, and also presents concerns raised by both staff and patients who are using mental health services within the building. The report and presentation aim to be a supportive document which will lead to further improvements that support the wellbeing and safety of both staff and patients alike.



East Dunbartonshire Local Trauma Project Group

Creating a Space for Change:

*Moving towards a more trauma-informed Kirkintilloch Health
and Care Centre*



Compiled by Peer Support Worker Lucy McGonigle

August 2025

UPDATES FROM EAST DUNBARTONSHIRE SERVICES

Ferndale Children's House –

update from Kellyann Bramley (Depute Manager)

CREATING A TRAUMA INFORMED COMMUNITY WITHIN EAST DUNBARTONSHIRE

“People who are affected by trauma - whether it is a one-off event that has happened in their recent past or deep-rooted Adverse Childhood Experiences (ACEs) – must be able to access public services in a considerate and empathetic way. Services must operate according to five pillars of Trauma Informed Care, namely Choice, Collaboration, Empowerment, Safety and Trust, where both those receiving services and those providing them are able to work together and build successful relationships which lead to positive change.”

Ferndale Children's Service currently have two staff trained to deliver Transforming Connections – Trauma Skilled Practice, which is contributing to the delivery of EDATC mission to enhance practice and enable our workforce to have the skills to become trauma informed.

Ferndale use the five principles of trauma informed care within the delivery of residential practice daily. Our core values are promoted within the life space of our young people. We use young people's meetings to promote collaboration, choice and empowerment; within the meetings, young people have a voice.

Relationships are promoted to be meaningful within our written and verbal communication, always responding and realising young people's potential by creating safety, building resilience and trust. Respecting privacy by using our environment which everyone living and working within Ferndale has claimed and created the milieu to fully promote and develop privacy and trust.

Reflective space and staff wellbeing is of importance as it is recognised that practitioners, while working in the life space of young people, give themselves and need to be attuned and emotionally available. We have designated room for staff which can be used for supervision, debriefs, reflective space and timeout.

All staff that have been trained to date have a duty to evidence, within their practice, the six R's of trauma informed care: Recognising the prevalence of trauma in society, Realising where trauma is impacting on the person, Resisting practices and systems which re-traumatise, Responding in a way which supports recovery, Respecting resilience and understanding that Relationships matter.



KEY DOCUMENTS AND EVENTS

IMPORTANT!

National Trauma Learning Event 2025: Identifying progress, impact and future priorities.

The event will be taking place via Microsoft teams on **Tuesday 11 November, 2:00pm-4:30pm.**

The Improvement Service will be sharing learning from the National Learning Report 2025, compiling thematic learning from local areas across Scotland on the progress and impact of work to embed a trauma-informed and responsive approach across their organisations, systems and workforces. This event is hugely helpful to showcase the work going on across Scotland and to evidence the progress that is being made across the different priorities for local authorities. Vicki will be speaking alongside her co-chair colleague Angi Pinkerton (Trauma Lead Officer – South Ayrshire) about their new role, how it came to be and what our hopes and aims are for the national group of Trauma Lead Officers as we move to becoming a formalised network.

The link to register for the event is embedded in the flyer below.

Please sign up if you can, as East Dunbartonshire has contributed to the learning report, as well as being on our journey towards becoming a trauma informed and responsive community. The learning from other local authorities and discussion around the successes and challenges are hugely beneficial in helping us continue to move forward together.

We encourage you to share with any networks who may also be interested in attending.

National Trauma Learning Event 2025: Identifying progress, impact and future priorities

Identifying progress, impact and future priorities for embedding trauma-informed and responsive change across Scotland

Join us on Tuesday 11 November, 2.00pm-4.30pm via Teams, to hear about current progress and emerging impact of work to embed a trauma-informed and responsive approach across Scotland.

The Improvement Service will be sharing learning from the National Learning Report 2025 compiling thematic learning from local areas across Scotland on the progress and impact of work to embed a trauma-informed and responsive approach across their organisations, systems and workforces. There will also be opportunities to hear directly from local areas, and reflect on recommendations and next steps for this work, with a particular focus on building collective leadership and strengthening connections with other cross-cutting agendas and priorities.

This event is open to all, including colleagues working across the public, third and private sectors to embed a trauma-informed approach, as well as funders, commissioners, policymakers and elected officials.

Agenda and further information about speakers will be shared with attendees closer to the event. [Sign up here](#) and please contact trauma@improvementservice.org.uk with any questions or accessibility requests.

SAVE THE DATE

 11th November 2025

 2pm - 4:30pm

 Microsoft Teams

is.
improvement service



National Trauma Transformation Programme
Responding to Psychological Trauma in Scotland

SCOTTISH TRAUMA INFORMED LEADERSHIP TRAINING WEBINARS 2025/2026



STILT training is currently under review in collaboration with a small number of the national Trauma Lead Officer network and the next planned sessions aim to be delivered with a more interactive focus.

The next planned sessions are:

11 December at 1-4pm

2 March at 1-4pm



National Trauma Transformation Programme
Responding to Psychological Trauma in Scotland

Scottish Trauma-Informed Leaders Transformation (STILT) Webinar

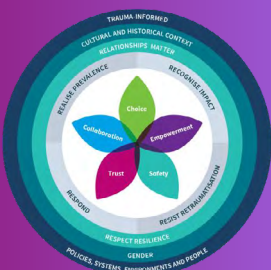
The **Scottish Trauma-Informed Leaders Transformation (STILT)** programme was developed by NHS Education for Scotland as part of the National Trauma Transformation Programme (NTTP), recognising the key role of leaders in driving trauma-informed change through multi-agency and collaborative approaches.

What we aim to cover in this webinar:

- Why trauma informed and responsive organisations, systems & workforces are important
- Provide real life examples of what 'good' looks like
- To offer resources on how we get there

What are the pre-requisites and who should attend?

- This event is by invitation only and is intended for those invited by their local NTTP representative e.g. TPTIC, Trauma Lead Officer, Trauma Champion, or member of the NES team.
- Completion of the 'Developing Your Trauma Skilled Practice' e-learning module (available [here](#)), is a pre-requisite of attending this webinar.



What have previous attendees said about the webinar?

- "I thought the whole webinar was excellent. It was a great balance of theory, participation, scenarios and live examples and reflections from guest speakers too."
- "Hearing exactly why 'lived-experience' is so crucial."
- "That larger system changes can occur and it's ok for it to feel messy at times. We are not alone!"

Please register by clicking one of the dates below

11th September 2025
1pm-4pm

11th December 2025
1pm-4pm

3rd March 2026
1pm-4pm

Contact Information
For any enquiries, please contact: nadezda.coyle2@nhs.scot

If you are unsure whether your role requires you to attend STILT, please contact

Victoria.bannerman@eastdunbarton.gov.uk to seek further information. Leadership training is vital to support the ongoing development and implementation of Trauma Informed Practice across East Dunbartonshire, as well as Leadership being seen as one of the key priorities within the Outcome & Improvement Plan 2023 – 2026.

Who To Contact?

Victoria Bannerman – Victoria.Bannerman@eastdunbarton.gov.uk (TIP Coordinator)

Alex O'Donnell – Alex.ODonnell@eastdunbarton.gov.uk (Trauma Champion & EDATC Chair)

Alistair McDonald – Alistair.mcdonald@eastdunbarton.gov.uk
(Trauma Champion & EDATC Vice-Chair)